Flanked and fortified by wooded mountains on three sides and Sagami Bay on the south, the city has many renowned temples and shrines as well as well-preserved historical treasures surrounded by beautiful hills in a rustic setting. Exploring on your own is the best way to enjoy a tour of Kamakura.
The Great Buddha, the magnificent Tsurugaoka Hachimangu Shrine, Zen temples and picturesque Enoshima Island draw large numbers of visitors to Kamakura throughout the year.

## Access




## Contact Detail

Conference Secretariat
6th JAPAN-ASEAN Conference on
Men's Health \& Aging
Mediproduce Inc.
4-1-12-203 Minamiaoyama, Minato-ku,
Tokyo 107-0062 JAPAN
Tel. +81-3-5775-2075 Fax. +81-3-5775-2076
E-mail. office@japanasean-mh2011.net

## The Japanese Society of Men's Health

Department of Urology, Teikyo University School of Medicine 2-11-1 Kaga, Itabashi-ku, Tokyo 173-8605 JAPAN Tel. +81-3-3564-2031 Fax. +81-3-5250-7748

## E-mail. info@mens-health.jp


http://wwwajapanasean-mh2011.net

## Welcome Note

## Dear Colleagues,

As local host and Chairperson for the 6th JAPAN-ASEAN Conference on Men's Health \& Aging, it is my special pleasure to invite you to Kamakura, Japan in June 30th - July 3rd 2011. This conference will present new frontiers in men's health and aging, based on the biological, physiological, pathological and therapeutic evidence. The program is designed for physicians and other healthcare professionals interested in the many aspects of men's health and aging.

Our theme "Spreading Men's Health" aims at discussing and debating unresolved issues of men's health with leading experts from ASEAN countries and Japan. A major goal of the conference is therefore to facilitate and reinforce contact and networking among researchers and healthcare professionals.
The conference will be held in Kenchoji Temple, which is located in the city of Kamakura. Kamakura is a beautiful coastal town, less than an hour south of Tokyo. Kamakura, the medieval capital of Japan, has numerous temples, shrines and other historical monuments. Kenchoji is the oldest Zen temple in Kamakura, which was founded in 1253.

We expect to stimulate extensive scientific exchange as well as creating a pleasurable and memorable occasion for social interactions.
We look forward to an exciting event in beautiful Kamakura.

## Organizing Committee

| Honorary | Akihiko Okuyama (Japan) | Secretary | Hisamitsu Ide (Japan) |
| :---: | :---: | :---: | :---: |
| \& Founding President | Hui Meng Tan (Malaysia) |  |  |
|  |  | Advisory Committee | Eiji Higashihara (Japan) |
| Conference Chairman | Shigeo Horie (Japan) |  | Hideyuki Akaza (Japan) |
|  |  |  | Mikio Namiki (Japan) |
| Scientific Committee | Akira Tsujimura (Japan) |  | Masaru Murai (Japan) |
|  | Atsushi Nagai (Japan) |  | Yasuyoshi Ouchi (Japan) |
|  | Eitetsu Koh (Japan) |  |  |
|  | Haruaki Sasaki (Japan) | International Advisors | Ajay Nehra (USA) |
|  | Hiroshi Okada (Japan) |  | Apichat Kongkanand (Thailand) |
|  | Ken Marumo (Japan) |  | Doddy Soebadi (Indonesia) |
|  | Kenji Toba (Japan) |  | Kavirach Tantiwongse (Thailand) |
|  | Koichi Nagao (Japan) |  | Kok Kit Ng (Singapore) |
|  | Masahiro Akishita (Japan) |  | Kwangsung Park (Korea) |
|  | Masato Fujisawa (Japan) |  | Michael Zitzmann (Germany) |
|  | Osamu Yokoyama (Japan) |  | P. Ganesan Adaikan (Singapore) |
|  | Raizo Yamaguchi (Japan) |  | Siegrried Meryn (Austria) |
|  | Satoru Muto (Japan) |  | Yoshiaki Kumamoto (Japan) |
|  | Taiji Tsukamoto (Japan) |  | Zulkifli Md Zainuddin (Malaysia) |


| Founding Presidents \& Advisor | Akihiko Okuyama | Deputy Secretary General |
| :--- | :--- | :--- | :--- |
|  | Hui Meng Tan | Boon Cheok Lee |

Osamu Yokoya
Peter HC Lim
Simon Chong Stanley E. Althof Tatsuya Nakatani Tomohiko Ichikawa

## Congress Outline

| Congress | 6th JAPAN-ASEAN Conference on Men's Health \& Aging (JACMHA) <br> In conjunction with <br> 11th Annual Meeting of the Japanese Society of Men's Health (JSMH) <br> 3rd Meeting of the Society for Anti-Aging Medicine in Urology (AAMH) |
| :--- | :--- |
| Date | June 30 (Thu.) - July 3 (Sun.), 2011 |
| Venue | Kenchoji \& Kamakura Prince Hotel |
| Main Theme | Spreading Men's Health in Asia |
| Supporters' | Ministry of Foreign Affairs of Japan <br> Kamakura City <br> Kamakura City Medical Association <br> The Japanese UUological Association <br> The Japan Geriatrics society <br> Japanese Society of Anti-Aging Medicine <br> Japanese Society of Nephrology <br> The Japanese Society for Sexual Medicine <br> The Japan Menopause Society <br> Kamakura Shunjusha Co., Ltd. |
| Important Date | Main Congress of JACMHA June 30-July 2, 2011 <br> Welcome Reception June 30, 2011 <br> Opening Ceremony July 1, 2011 <br> Gala July 2, 2011 |
| Congress Secretariat | Department of Urology, Teikyo University School of Medicine <br> 2-11-1 Kaga, Itabashi-ku, Tokyo 173-8605 JAPAN <br> Tel. +81-3-3564-2031 Fax. +81-3-5250-7748 |
| Contact Detail <br> (Technical Secritariat) | Mediproduce Inc. <br> 4-1-12-203 Minamiaoyama, Minato-ku, Tokyo 107-0062 JAPAN <br> Tel. +81-3-5775-2075 Faxa +81-3-575-2076 <br> E-mail. office@japanasean-mh2011.-net |
| http://www.japanasean-mh2011.net/ |  |

## General Information

-Congress Language
All 6JACMHA's sessions will be conducted in English

## -Passport and Vis

To visit Japan, you must have a valid passport. A visa is required for citizens of countries that do not have vis exempt agreements with Japan. Please contact the nearest Japanese Embassy or Consulate for visa requirements.

## -Insurance

$\qquad$
The Organizing Committee can accept no responsibility for accidents or damage to the private property of participants. Please make your own arrangements for health insurance and any other necessary insurance.

## - Climate

The temperature in Kamakura during the period of the Congress ranges between 21-27 degrees Celsius.

## -Local Time

$\qquad$
Japan Standard time is 9 hours ahead of G.M.T. The time difference for major Asian cities is shown below (decrease by 1 hour during Daylight Saving Time period):

| Beijing............ -1 hour | New Delhi $\cdots \cdots \cdots-3.5$ hours |
| :--- | :--- |
| Seoul $\ldots \ldots \ldots \ldots \ldots .0$ (same) | Singapore $\cdots \cdots-1$ hour |

-Public Transportation
For general transport, taxis are plentiful but cost most. JR railroad has easy access to and from Tokyo station.
-Currency
Currency in Japan is the Yen (/JPY) Notes are available in denomination of $10,000,5,000,2,000$ and 1,000 en Coins are minted in (/enominations of $500,100,50,10$ and 1 yen. Exchange at the airport is recommended for your convenience. Most foreign currencies and travelers' checks can be exchanged at authorized foreign exchange banks. However we highly recommend purchasing travelers' checks or cash in Yen, U.S. dollars or Euros before leaving your home countries. A passport may be required for currency exchange services.

- Credit Card $\qquad$
American Express, Diners Club, Visa and MasterCard are widely accepted at hotels, department stores shops and restaurants
- Electricity $\qquad$
Electric current is uniformly 100 volts, AC, throughout Japan, but with two different cycles: 50 in eastern Japan including Kamakura and Tokyo, and 60 in western Japan including Kyoto, Osaka and Nara. Leading hotels in major cities have two outlets of 100 and 230 volts but their sockets usually accept a two-leg plug only.
- Tipping

In Japan, tips are not necessary anywhere even at hotels and restaurants

- Shopping $\qquad$
Shops and other sales outlets in Japan are generally open on Saturdays, Sundays and national holidays as well as weekdays from 10:00 to 20:00. Department stores, however, are closed on one weekday, differing by store, and certain specialty shops may not open on Sundays and national holidays


## - Mobile Telephone

Mobile telephone rental is recommended, as most foreign cellular phones are not compatible with and etwork. Mobile phone rental shops are conveniently located at Narita and other international airports. Please check with your mobile network provider prior to your departure

## Program at a Glance (Tentative, As of March)

Thursday, 30 June

|  | Conference Room | Floor | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 19:00 | 20:00 | 21:00 | 22:00 | 23:00 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Meeting | Kamakura Prince Hotel Meeting Room | 1F |  |  |  |  |  |  |  |  | JSMH <br> Executive Board Meeting |  |  |  |  |
| Welcome Reception | Kamakura Prince Hotel Banquet Hall | 1F |  |  |  |  |  |  |  |  |  | Welcome Reception |  |  |  |


|  | Conference Room | Floor | 7:00 | 8:00 | 9:00 |  | 10:00 | 11:00 12:00 |  | 13:00 | 14:00 | 15:00 16:00 |  |  | 17:00 | 18:00 | 19:00 | 20:00 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Room 1 | Kenchoji Ryuoden | 1 F |  |  | $\begin{array}{c}\text { Welcome } \\ \text { Adress }\end{array}$ | $\begin{aligned} & \text { Opening } \\ & \text { Lecture } \end{aligned}$ |  | Symposium 1 Frail Eldery |  |  | Symposium 3 Neutraceuticals for Asian Male |  | Council <br> Councting <br> Mapanese) JSMH <br> Oapal <br> (Japanese) |  | $\begin{gathered} \text { JSMH } \\ \text { Cral } \\ \text { (Japanese) } \end{gathered}$ |  |  |  |
| Room 2 | Kenchoij Ogudou | 1 F |  |  |  |  |  | Symposium 2 <br> Sexual Medicine | Luncheon <br> Seminar 1 <br> Cutug Edge <br> of Men's Health |  | Symposium 4 Men's Health and Metabolism |  |  |  |  |  |  |
| Room 3 | Kenchoji Oshinkaku | 2 F |  |  |  |  |  |  | Luncheon Seminar 2 <br> Male LUTS |  |  |  |  |  |  |  |  |  |  |
| Poster | Kenchoji Oshinkaku | 2 F |  |  |  |  |  |  |  |  | Poster |  |  |  |  |  |  |  |
| Exhibition | Kenchoji Oshinkaku | 2 F |  |  |  |  |  |  |  |  | Exhibition |  |  |  |  |  |  |  |



Sunday, 3 July (Japanese Lectures Only)


## Call for Abstracts (Poster)

Participants are requested to submit an abstract to the Congress Secretariat by E-mail (office@japanaseanmh2011.net).
Please access our website and download an Abstract Submission Form and send the form to the Congress Secretariat no later than May 31, 2011.
http://www.japanasean-mh2011.net/

## General Guidelines

1) Abstracts should contain a maximum of 300 words and must be submitted in English.
2) No chart and graphics should be included in the abstract.
3) Abstract submissions will only be accepted using the Abstract Submission Form.
4) All abstracts will be reviewed by the Program Committee. Accepted abstracts will be selected for Poster
5) Authors will be notified by E-mail of their abstract results.
6) Instructions for preparation of posters will be sent together with acceptance notifications.
7) All confirmed abstracts will be published in the Book of Abstracts.
8) Abstracts accepted for Poster will be published on the website prior to the Congress
9) Registration for the Congress is required when submitting an abstract.

## Program (tentative)

Opening Lecture
Symposium 1 "Frail Elderly"
Symposium 2 "Sexual Medicine"
Symposium 3 "Neutraceuticals for Asian Male"
Symposium 4 "Men's Health and Metabolism"
Symposium 5 "Cancers in Asian Male"
Symposium 6 "Action of Testosterone""
Symposium 7 "Infectious Disease"
Symposium 8 "QOL for Men's Health"
Symposium 9 "LOH"
Symposium 10 "Kidney and Bladder Cancer
Luncheon Seminar 1 "Cutting Edge of Men's Health"
Luncheon Seminar 2 "Male LUTS"
Luncheon Seminar 3 "Spreading Men's Health"
Luncheon Seminar 4 "Kidney Health and Metabolism"
Morning Lecture "BPH"
Evening Seminar1 "Cutting Edge of Prostate Cancer"
Evening Seminar2 "OAB and Men's Health"
Evening Seminar 3 "Men's Health and Vascular Disease"
Open Lecture of Men's Health for Asian People

## Registration

Registration can be made through the Congress Website. Please note registration by e-mail or post CANNOT be accepted.
http://www.japanasean-mh2011.net/
Registration Fees (in Japanese Yen)

| Category | Early-Registration <br> (Before April 30, 2011) | Regular Registration <br> (After May 1, 2011) |
| :--- | :--- | :--- |
| Physician | JPY30,000 | JPY35,000 |
| Member (JSMH / AAMH) *1 | JPY25,000 | JPY35,000 |
| Paramedic / Students *2 | JPY15,000 | JPY20,000 |
| Accompanying Person *3 | JPY10,000 | JPY15,000 |

1) To register for membership, please contact the following organizations JSMH (The Japanese Society of Men's Health) = http://mens-health.jp/ AAMH (Society for Anti-Aging Medicine in Urology) = http://www.anti-aging.gr.jp/urological
2) Paramedic/Student identification will be required to provide proof of filing status by submitting a copy of valid student card and/or an official letter of verification to the Secretariat by e-mail, fax, or mail.
3) An accompanying person is a participant's family member or other personal relation who does not have business or scientific interest in the Congress
*Discount registration fee is available for group of 20 or more. For further information, please contact Congress Secretariat (E-mail: office@japanasean-mh2011.net)

## Entitlements

Items Included in Registration Fee
*Registration fees for Physician, JSMH/AAMU Member, *Registration fees for Accompanying person Paramedic/Student include
Participation in the Scientific Program
Final Program \& Abstract Book
Welcome Reception (June 30)
Luncheon Seminars (July 1 \& 2)
Kenchoji Tour (July 21 hour)
Zazen Practice in English (July 21 hour)
Gala (July 2)

## Confirmation

A confirmation E-mail is to be sent by Congress Secretariat upon completion of your registration with payment
Please remember to bring your registration confirmation to the Congress venue to pick up your Congress kit

## Payment Method

Payment must be made in Japanese Yen, with a credit card. No other type of payment will be accepted American Express, Visa, MasterCard, Diners Club and JCB are acceptable.

## Cancellation Polic <br> No refund will be available

Note
Please be informed that all rates in the website are indicated in Japanese yen.

## Accommodation

Nippon Travel Agency Co．，Ltd．（ NTA ）has been appointed as the official travel agency for this conference． ＊Hotel should be reserved online no later than June 15， 2011.

| Hotel Name （Check－in \＆out time） | Type | Space | Price（room charge） | Hotel Information |
| :---: | :---: | :---: | :---: | :---: |
| 《Official Hotel》 <br> Kamakura Prince Hotel 15：00／12：00 | TWN A （Single use） | $33 \mathrm{~m}^{2}$ | JPY21，000 <br> Incl．breakfast <br> Plus JPY6，000－on Sat | 1－2－18 Shichirigahama－higashi， <br> Kamakura，Kanagawa，248－0025 <br> Tel：＋81－467－32－1111 <br> ＊Shuttle buses will be operated between the hotel and Kencho－ji temple |
|  | TWN A <br> （Twin use） | $33 \mathrm{~m}^{2}$ | JPY32，000 Incl．breakfast Plus JPY12，000－on Sat |  |
|  | TWN B （Single use） | $28 \mathrm{~m}^{2}$ | JPY19，000 <br> Incl．breakfast <br> Plus JPY6，000－on Sat |  |
|  | TWN B <br> （Twin use） | $28 \mathrm{~m}^{2}$ | $\begin{aligned} & \text { JPY24,000 } \\ & \text { Incl.breakfast } \\ & \text { Plus JPY12,000- on Sat } \end{aligned}$ |  |
|  | DBL <br> （Single use） | $27 \mathrm{~m}^{2}$ | JPY19，000 <br> Incl．breakfast <br> Plus JPY6，000－on Sat |  |
| Kamakura Park Hotel 14：00／11：00 | TWN （Single use） | $34 \mathrm{~m}^{2}$ | JPY19，000 <br> Incl．breakfast <br> Plus JPY6，000－on Sat | 33－6 Sakanoshita，Kamakura， <br> Kanagawa，248－0021 <br> Tel：＋81－467－25－5121 |
|  | TWN <br> （Twin use） | $34 \mathrm{~m}^{2}$ | JPY24，000 <br> Incl．breakfast <br> Plus JPY12，000－on Sat |  |
|  | DLXTWN <br> （Single use） | $44 \mathrm{~m}^{2}$ | JPY21，000 <br> Incl．breakfast <br> Plus JPY6，000－on Sat |  |
|  | DLXTWN <br> （Twin use） | $44 \mathrm{~m}^{2}$ | JPY32，000 <br> Incl．breakfast <br> Plus JPY12，000－on Sat |  |
| Hotel Mets Kamakura Ofuna 15：00／11：00 | SGL <br> （Single use） | $16 \mathrm{~m}^{2}$ | JPY8，000 | 1－2－1 Ofuna，Kamakura，Kanagawa， 247－0056 <br> Tel：＋81－467－40－1192 |
|  |  |  |  |  |

SGL：Single room／TWN：Twin room／DBL：Double room


## 《Notice》

Please be noted that there are no accommodations around Kencho－ji temple， the conference site．
The shuttle buses will be operated between Kamakura Prince Hotel and the site during the conference period．

## Tour（tentative schedule as of March）

Take advantage of your spare time while attending the conference in Japan！There are many things to explore around Kamakura，ancient capital of Japan．So many places to go，see，shop，and eat！

## 1．Kamakura Tour（July 1 14：30－17：30）Fee：3，000yen



## 2．Zazen Practice in English at Kenchoji（July2 8：00－9：00）Fee：Free

We would like you to feel the spirit of Zen，one of the traditional cultures in Japan．
Kenchoji is the oldest Zen training monastery in Japan and has its history of over 750 years．Zen sect of Japanese Buddhism was the spiritual backbone of Samurai in Kamakura era．


3．Kenchoji Tour（July2 9：00－10：00）Fee：Free
A monk of Kenchoji will guide you Kenchoji．


## Important Information

All 6JACMHA participants are covered for the entrance fee（300 yen）to pass through the Kenchoji＇s main gate．
Please always wear your conference badge（or bring this 2nd Announcement）to show you are a 6JACMHA participant．

