

6th JAPAN-ASEAN Conference on Men's Health and Aging
Kamakura Tour July 1 (Fri)

***If you would like to join the Tour, please register at the Registration Desk.**

14 : 40

Leave Kenchoji Main Gate



15 : 00 - 15 : 35

Hokokuji Temple Walking

Hokokuji (報国寺) temple was founded by the priest Butsujo Zenji who studied under the renowned Buddhist priest Mugaku Sogen (1226-1286) when he was thirteen years old. There is a tea house in the bamboo grove, flower garden, and central garden.



16 : 05 - 16 : 40

Hasedera Temple Walking

Hase temple (長谷寺, hasadera) is also known as Hasekannon (長谷 観音), which is one of the Pure Land Buddhism Temples in Kamakura. The temple has great garden and Ajisai (Hydrangea) road, so when you visit this temple in June you can enjoy not only great temples, but also beautiful flowers.



16 : 55 - 17 : 45

Kamakura Daibutsu and Tea Time



Kotoku-in (高德院) is a Buddhist temple of the Pure Land sect in the city of Kamakura. The temple is renowned for the Great Buddha (大仏, daibutsu), a monumental outdoor bronze statue of Amida Buddha which is one of the most famous icons the national treasures of Japan. The statue stands at 13.35m (45 ft.) high and weighs approximately 93 tons.



18 : 15

Arrival at Kenchoji for Kenchinjiru Party



The name kenchinjiru (vegetables soup) derives from the Zen Buddhist temple where it was first made (or so it's claimed), Kencho-ji (建長寺).

19 : 15

Leave Kenchoji for Kamakura Prince Hotel

or Kita-Kamakura Station