<table>
<thead>
<tr>
<th>Time</th>
<th>7:00</th>
<th>8:00</th>
<th>9:00</th>
<th>10:00</th>
<th>11:00</th>
<th>12:00</th>
<th>13:00</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Room 1</strong></td>
<td>5F Main Hall (Big Hall)</td>
<td><strong>Symposium 1</strong></td>
<td>Lighting Environment and Aging</td>
<td>SY01-1 - SY01-5</td>
<td><strong>Symposium 2</strong></td>
<td>Drug Treatment and Intestinal Bacteria in Practical Clinical Medicine</td>
<td>SY02-1 - SY02-4</td>
</tr>
<tr>
<td><strong>Room 2</strong></td>
<td>3F Event Hall A</td>
<td><strong>Symposium 3</strong></td>
<td>New Developments in Mitochondria Research</td>
<td>SY04-1 - SY04-5</td>
<td><strong>Symposium 5</strong></td>
<td>Forefront of Aging Immunology</td>
<td>SY05-1 - SY05-5</td>
</tr>
<tr>
<td><strong>Room 3</strong></td>
<td>10F 1003</td>
<td><strong>Symposium 7</strong></td>
<td>Organ Age and Oxidative Stress</td>
<td>SY07-1 - SY07-5</td>
<td><strong>Symposium 8</strong></td>
<td>Life Innovation - 100 years of Life - The Era of living to 100 years is not made possible only with Medicine-</td>
<td>SY08-1 - SY08-3</td>
</tr>
<tr>
<td><strong>Room 4</strong></td>
<td>10F 1001+1002</td>
<td><strong>Young Researchers Program 1</strong></td>
<td>Age-Related Changes and Diseases Control for Sensory</td>
<td>YP1-1 - YP1-4</td>
<td><strong>Best Paper Session 1</strong></td>
<td>BP1-1 - BP1-8</td>
<td><strong>Luncheon Seminar 4</strong></td>
</tr>
<tr>
<td><strong>Room 5</strong></td>
<td>12F Conference Hall</td>
<td><strong>Symposium 10</strong></td>
<td>Renaissance Hormone Replacement Therapy-From the Result of the Recent Large-Scale Studies</td>
<td>SY10-1 - SY10-4</td>
<td><strong>Symposium 11</strong></td>
<td>The Relation of Organs and Tissues with a Focus on Skeletal Muscle</td>
<td>SY11-1 - SY11-4</td>
</tr>
<tr>
<td><strong>Room 6</strong></td>
<td>12F 1202</td>
<td><strong>Paper 1</strong></td>
<td>Genes</td>
<td>O01-1 - O01-5</td>
<td><strong>Paper 2</strong></td>
<td>Cellular Biology</td>
<td>O02-1 - O02-5</td>
</tr>
<tr>
<td><strong>Room 7</strong></td>
<td>10F 1009</td>
<td>Joint Symposium with Asia Pacific Clinical Nutrition Society Perspectives of Clinical Nutrition in Asia Pacific Region</td>
<td>APCN-1 - APCN-5</td>
<td><strong>Luncheon Seminar 7</strong></td>
<td>LS07</td>
<td>MEGAWIK SNOW BRAND Co., Ltd.</td>
<td></td>
</tr>
<tr>
<td><strong>Room 8</strong></td>
<td>10F 1008</td>
<td><strong>Poster</strong></td>
<td>3F Event Hall</td>
<td><strong>Exhibition</strong></td>
<td>3F Event Hall</td>
<td><strong>Mini Seminar</strong></td>
<td>3F Event Hall</td>
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</tbody>
</table>

**Opening Remarks**

**Luncheon Seminar 1**

**Luncheon Seminar 2**

**Luncheon Seminar 3**

**Luncheon Seminar 4**

**Luncheon Seminar 5**

**Luncheon Seminar 6**

**Luncheon Seminar 7**

**Luncheon Seminar 8**
# English Program

### Educational Lecture 1
**Helmet and Age along with Blood Capillaries**
**Speaker:** Sumiko Kowaza

### Educational Lecture 2
**Anti-Aging and Mitochondrial Transplant in Reproductive Medicine**
**Speaker:** Yoshihisa Iwazawa

### Educational Lecture 3
**Issues and Countermeasures for Genetic Medicine and Anti-Aging Medicine**
**Speaker:** Hiyuki Ohjimi

### Special Lecture 2
**Aging, SASP Inhibitors, and Senolytic Agents**
**Speaker:** James L. Kirkland

### Symposiums
- **Symposium 13**
  **Title:** Current and Future of Bicycle Activities
  **Room:** Room 2 (3F, Event Hall A)

- **Symposium 16**
  **Title:** Evolving Food and Functions Claims System: Application to Anti-Aging Medicine
  **Room:** Room 3 (10F, 1003)

### Workshops
- **Workshop**
  **Title:** Laws and Regulations of Clinical Research for Practical Doctor
  **Room:** Room 5 (12F, Conference Hall)

### Training Program for Clinicians and Medical Educators
- **Title:** Anti-Aging Skill Up Study set of Difficult Examples
  **Room:** Room 6 (12F, 1202)

### Young Researchers Program
- **Title:** From the Perspective of Food Science: Understanding and Control of Inflammatory Diseases
  **Room:** Room 4 (10F, 1001+1002)

### Paper Presentations
- **Paper 6**
  **Title:** Medical Checkup
  **Room:** Room 7 (10F, 1009)

- **Paper 7**
  **Title:** Society, Epidemiology, Medical Theory
  **Room:** Room 8 (10F, 1008)

### Poster Presentations
- **Room:** Poster (3F, Event Hall)

### Exhibition
- **Room:** Exhibition (3F, Event Hall)

### Luncheon Seminars
- **Luncheon Seminar 9**
  **Room:** Luncheon Seminar 9 (LS09, MS5)

- **Luncheon Seminar 10**
  **Room:** Luncheon Seminar 10 (LS10, PRSS. Japan Co., Ltd)

- **Luncheon Seminar 11**
  **Room:** Luncheon Seminar 11 (LS11-1 - LS11-2, Hakubaku Co., Ltd / Kellogg (JAPAN) G.K)

- **Luncheon Seminar 12**
  **Room:** Luncheon Seminar 12 (LS12-1 - LS12-2, TIMA Japan Inc)

- **Luncheon Seminar 13**
  **Room:** Luncheon Seminar 13 (LS13, Nippon Boehringer Ingelheim Co., Ltd / Eli Lilly Japan K.K)

- **Luncheon Seminar 14**
  **Room:** Luncheon Seminar 14 (LS14, KANEROKU PHARMA CO., LTD)

- **Luncheon Seminar 15**
  **Room:** Luncheon Seminar 15 (LS15, Kaneka Your Health Care Co., Ltd)

- **Luncheon Seminar 16**
  **Room:** Luncheon Seminar 16 (LS16-1 - LS16-2, WAKASA SEIKATSU)

### Mini Seminars
- **Mini Seminar 1**
  **Room:** Mini Seminar 1 (EX1, AstaReal Co., Ltd)

- **Mini Seminar 2**
  **Room:** Mini Seminar 2 (EX2, Japanese Cllege of Intravenous Therapy)

### Room Information
- **Room 1**
  **Floor:** 5F, Main Hall (Big Hall)

- **Room 2**
  **Floor:** 3F, Event Hall A

- **Room 3**
  **Floor:** 10F, 1003

- **Room 4**
  **Floor:** 10F, 1001+1002

- **Room 5**
  **Floor:** 12F, Conference Hall

- **Room 6**
  **Floor:** 12F, 1202

- **Room 7**
  **Floor:** 10F, 1009

- **Room 8**
  **Floor:** 10F, 1008

### Event Hall Information
- **Exhibition**
  **Floor:** 3F, Event Hall

### Additional Information
- **Run for Longevity**
  **Location:** Nakanoshima Park
  **Time:** 7:00~8:00

### Floor Plan

### Venue Details
- **Location:** English simultaneous interpretation provided
- **Dates:** May 26
- **Time:** 7:00~13:00
### Program at a Glance

**Day 2**

**Symposium 14**  
*Integrated Understanding of the Frailty Concerning Locomotive Syndrome and Sarcopenia – Thinking In Relation to 5 Societies*  
SY14-1 - SY14-5  
Co-sponsored: Japan Osteoporosis Society, The Japanese Orthopedic Association, Japanese Association on Sarcopenia and Frailty

**Symposium 15**  
*Men’s Health and Functional Food*  
SY15-1 - SY15-4

**Symposium 17**  
*Safety and Efficiency for Aging and Physical Appearance Treatments (surgical)*  
SY17-1 - SY17-6  
Co-sponsored: Japan Society of Aesthetic Plastic Surgery

**Symposium 18**  
*Forefront of Precision Medicine*  
SY18-1 - SY18-4

**Symposium 19**  
*Environmental Factors and Anti-Aging*  
SY19-1 - SY19-3

**Symposium 20**  
*The Secret of Health and Longevity using the Positive Psychology Method*  
SY20-1 - SY20-4  
Co-sponsored: Japanese Positive Health Psychology Society

**Symposium 21**  
*To Scientifically study Oral Flora and the health of the body*  
SY21-1 - SY21-4

**Training Program for Clinicians**  
*What Specialists Should be Aware of in Latest Medical Treatments in Other Fields*  
SP-1 - SP-4

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**Paper 8**  
*Men’s Health*  
O08-1 - O08-6

**Paper 9**  
*Management of Dementia*  
O09-1 - O09-5

**Paper 12**  
*Exercise and the Locomotor System 1*  
O12-1 - O12-6

**Paper 13**  
*Exercise and the Locomotor System 2*  
O13-1 - O13-5

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**Poster 6 - 9**  
P034 - P066

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**Exhibition / Drink Counter**
Room 1
5F
Main Hall (Big Hall)

Symposium 22
Diversity of Obesity –To Think about the Significance of Gaining and Losing weight –
SY22-1 - SY22-4

Invited Lecture 2
Light and Beauty-The world of In Praise of Shadows
IL2
Speaker: Akari-Lisa Ishii

Luncheon Seminar 17
LS17
AbbVie Inc.

Room 2
3F
Event Hall A

Symposium 24
Vascular Insufficiency Viewed from Heart, Kidney, Diabetes, Cranial Nerve
SY24-1 - SY24-4

Symposium 25
Possibility of Integrative Medicine in Anti-Aging Medicine
SY25-1 - SY25-4

Luncheon Seminar 18
LS18
PRSS. Japan Co., Ltd.

Room 3
10F
1003

Symposium 26
Challenger and Current Status of Specific Medical Examination, Health Screening, and Current Status of The Anti-Aging Dock
SY26-1 - SY26-5
Co-sponsored: Japan Society of Ningen Dock, Japan Society of Health Evaluation and Promotion

Symposium 27
Understanding Oral Flora
SY27-1 - SY27-3

Luncheon Seminar 19
LS19-1 - LS19-3
HALTEK Ltd.

Room 4
10F
1001+1002

Morning Seminar 2
MS2
Rohto Pharmaceutical Co., Ltd.

Symposium 29
Epidemiological Approach with the Aim of Evidence Building for Anti-Aging Medicine
SY29-1 - SY29-4
Co-sponsored: Japan Epidemiological Association

Symposium 30
Prevention of Dysphagia and Anti-Aging
SY30-1 - SY30-4

Luncheon Seminar 20
LS20
HEALTHY PASS, Inc.

Room 5
12F
Conference Hall

Symposium 32
Systematic Disease of Diabetic Eye Disease Complications
SY32-1 - SY32-6

Training Program for Clinicians and Medical Educators 2
Concerning how Anti-Aging Educational Guidance should be Training Program for Medical Educators Seminar on Leveling up of Coaching Skills
SIP2-1 - SIP2-4

Luncheon Seminar 21
LS21
Nacronem Aages Ltd.

Room 6
12F
1202

Poster 14
Metabolism
O14-1 - O14-5

Paper 15
Obesity Syndrome and Evidence-Based Weight Management
O15-1 - O15-5

Luncheon Seminar 22
LS22
DKSH Japan K.K.

Room 7
10F
1009

Morning Seminar 3
MS3
PROTEA JAPAN Co., Ltd.

Paper 16
Nutrition, Supplements, Health Foods, Traditional Chinese Medicine, Chelation Therapy 1
O16-1 - O16-5

Paper 17
Nutrition, Supplements, Health Foods, Traditional Chinese Medicine, Chelation Therapy 2
O17-1 - O17-6

Luncheon Seminar 23
LS23
DKSH Japan K.K.

Room 8
10F
1008

Poster
10 - 14
P067 - P098

Exhibition
3F
Event Hall

Mini Seminar
3F
Event Hall

Exhibition / Drink Counter
Symposium 23
How we grow old with beautiful appearance
SY23-1 - SY23-4

Closing Remarks

Symposium 28
Unafraid of ED
SY28-1 - SY28-4

Symposium 31
Sensory Organ Failure or Early Dementia
SY31-1 - SY31-4

Training Program for Medical Educators
Seminar on Leveling up of Coaching Skills
IP-1 - IP-4

Symposium 33
Model Animal for Aging/Anti-Aging
SY33-1 - SY33-5

Closing Remarks