

Room 1 Main Hall

Friday, May 25

Opening Remarks

8:50 - 9:00

Symposium 1 Lighting Environment and Aging

9:00 - 10:30



Chairs: Kazuo Mishima (Department of Psychophysiology, National Institute of Mental Health, National Center of Neurology & Psychiatry)

Kazuo Tsubota (Department of Ophthalmology, Keio University School of Medicine)

SY01-1 Tadashi Mitsuo (Mitsuo Clinic)

SY01-2 Hidekazu Yamada (Department of Dermatology, Nara Hospital Faculty of Medicine, Kindai University)

SY01-3 Masahiko Ayaki (Department of Ophthalmology, Keio University School of Medicine)

SY01-4 Kazuo Mishima (Department of Psychophysiology, National Institute of Mental Health, National Center of Neurology & Psychiatry)

SY01-5 Kazuo Tsubota (Department of Ophthalmology, Keio University School of Medicine)

Symposium 2

Drug Treatment and Intestinal Bacteria in Practical Clinical Medicine

10:40 - 12:10



Chairs: Yasushi Matsuzaki (Department of Gastroenterology and Hepatology, Ibaraki Medical Center, Tokyo Medical University)

Shinji Fukuda (Institute for Advanced Biosciences, Keio University)

SY02-1 Toshifumi Ohkusa (Department of Microbiota Research, Juntendo University Graduate School of Medicine)

SY02-2 Yasuhiro Fujihara (Department of Gastroenterology, Osaka City University)

SY02-3 Yuji Naito (Department of Molecular Gastroenterology and Hepatology, Kyoto Prefectural University of Medicine)

SY02-4 Junichiro Irie (Division of Endocrinology, Metabolism and Nephrology, Department of Medicine, Keio University)

Luncheon Seminar 1

12:20 - 13:10

Co-Sponsored by KONICA MINOLTA, INC.

Proposal from Chairman

13:20 - 13:50



Chair: Hidekazu Yamada (Nara Hospital Kindai University Faculty of Medicine/Anti-aging Center, Kindai University)

PP To Aim for Comfortable Society for long life

Shigeo Horie (Department of Urology, Juntendo University, Graduate School of Medicine)

Special Lecture 1

13:50 - 14:50

Chair: Kazuo Tsubota (Department of Ophthalmology, Keio University School of Medicine)

SL1 Do Epigenetic Changes Cause Aging in Mammals?

David A. Sinclair (Department of Genetics, Harvard Medical School)

Symposium 3
Anti-Aging in Physical Appearance (Mitame) Practical Medicine

15:00 - 16:30



Chairs: Uliana Gout (London Aesthetic Medicine Clinic & Academy)

Nobuo Okui (Anti-Aging Medicine in Urology)

Michihiko Kinoshita (Medical Corporation IBUKI)

SY03-1 Uliana Gout (London Aesthetic Medicine Clinic & Academy)

SY03-2 Nobuo Okui (Anti-Aging Medicine in Urology)

SY03-3 Takahiro Tsukahara (Tsukahara Clinic)

Invited Lecture 1

16:40 - 17:30


Chair: Masamitsu Ichihashi (Arts Ginza Clinic)

IL1 Sleep Hygiene in Anti-Aging Medicine

Seiji Nishino (Psychiatry and Behavioral Sciences - Stanford Center for Sleep Sciences and Medicine, Stanford University)

Saturday, May 26

Educational Lecture 1


9:00 - 9:30 

Chair: Michiya Igase (Department of Geriatric Medicine and Neurology, Ehime University School of Medicine)

EL1 Humans Age along with Blood Capillaries

Sumiyo Akazawa (Department of General Internal Medicine, Kanazawa Medical University, Kanazawa Medical University Hospital Multidisciplinary Centers)

Educational Lecture 2

9:30 - 10:00 

Chair: Yoshiko Mochizuki (Mochizuki Women's Clinic)

EL2 Anti-Aging and Mitochondrial Transplant in Reproductive Medicine

Yoshiharu Morimoto (HORAC Grand Front Osaka Clinic)

Educational Lecture 3

10:00 - 10:30 

Chair: Kotaro Yoshimura (Department of Plastic Surgery, Jichi Medical University)

EL3 Issues and Countermeasures for Cosmetic Medicine and Anti-Aging Medicine

Hiroyuki Ohjimi (Department of Plastic, Reconstructive and Aesthetic Surgery, School of Medicine, Fukuoka University)

Special Lecture 2

11:10 - 12:10

Chair: Tohru Minamino (Department of Cardiovascular Biology and Medicine, Niigata University Graduate School of Medical and Dental Sciences)

SL2 Aging, SASP Inhibitors, and Senolytic Agents


James L. Kirkland (Department of General Internal Medicine, Mayo Clinic)

Luncheon Seminar 9

12:20 - 13:10

Co-Sponsored by MSS

Presidential Lecture

13:20 - 13:50 

Chair: Nobuyuki Shioya (Kitasato University)

PL A2E: Environment for Anti-Aging

Hidekazu Yamada (Department of Dermatology, Nara Hospital Kindai University, Faculty of Medicine)

Special Invited Lecture

14:00 - 15:00 

Chair: Shigeo Horie (Department of Urology, Juntendo University, Graduate School of Medicine)

SIL The Dynamics of Function and Regulation for Endoplasmic Reticulum

Kazutoshi Mori (Department of Biophysics, Graduate School of Science, Kyoto University)

Skill Up Seminar for Practical Doctor 1
Cutting edge of Anti-Aging Checkup: Favorable Ways to Choose Test items

15:00 - 15:30

Chair: Takao Mitsuoka (Mitsuoka Clinic Medical Corporation)

SPP1 Evaluation of Nutrition Condition from Blood Test

Toru Mizoguchi (Shinjuku Mizoguchi Clinic)

Skill Up Seminar for Practical Doctor 2
Cutting edge of Anti-Aging Checkup: Favorable Ways to Choose Test items

15:40 - 16:10

Chair: Kiyomitsu Ikeda (Ikeda Clinic)

SPP2 The Usefulness of Chelation and Delayed Allergy Testing

Masashi Uwabu (GINZA UWABU Medical Clinic)

Skill Up Seminar for Practical Doctor 3
Cutting edge of Anti-Aging Checkup: Favorable Ways to Choose Test items

16:10 - 16:40

Chair: Akira Aoki (RARA Clinic)

SPP3 Inspection Method for PM Oxidation and Glycation Diagnosis

Yuji Morita (Urata Clinic / SQOL Kanazawa / Anti-Aging Medical Research Center, Doshisha University)

Skill Up Seminar for Practical Doctor 4
Cutting edge of Anti-Aging Checkup: Favorable Ways to Choose Test items

16:40 - 17:10


Chair: Ko Tanaka (Tanaka Gastrointestinal Clinic)

SPP4 Telomere micro RNA testing for Anti-Aging

Hidetoshi Tahara (Department of Cellular and Molecular Biology, Hiroshima University, Graduate School of Biomedical Sciences)

Sunday, May 27

Symposium 22 Diversity of Obesity – To Think about the Significance of Gaining and Losing weight –

9:00 - 10:30 

Chairs: Yukihito Higashi (Research Institute for Radiation Biology and Medicine, Hiroshima University)
Kazunori Kasama (Weight Loss & Metabolic Surgery Center, Yotsuya Medical Cube)


SY22-1 Takumi Nakagawa (Orthopedic Surgery, Teikyo University)

SY22-2 Kazuo Chin (Department of Respiratory Care and Sleep Control Medicine, Graduate School of Medicine, Kyoto University)

SY22-3 Shuji Terai (Division of Gastroenterology and Hepatology, Graduate School of Medical and Dental Sciences, Niigata University)

SY22-4 Kazunori Kasama (Weight Loss & Metabolic Surgery Center, Yotsuya Medical Cube)

Educational Lecture 4

10:40 - 11:10 

Chair: Koji Maemura (Department of Cardiovascular Medicine, Nagasaki University)

EL4 What We See Ahead with Full Body Transparency

Hiroki R. Ueda (Graduate School of Medicine, University of Tokyo, RIKEN QBiC)

Invited Lecture 2

11:20 - 12:10

Chair: Hidekazu Yamada (Department of Dermatology, Nara Hospital Kindai University, Faculty of Medicine)

IL2 Light and Beauty-The world of In Praise of Shadows

Akari-Lisa Ishii (Representative of I.C.O.N.)

Lucheon Seminar 17

12:20 - 13:10

Co-Sponsored by AbbVie Inc.

Symposium 23 How we grow old with beautiful appearance

13:20 - 14:50 

Chairs: Masamitsu Ichihashi (Arts Ginza Clinic)
Akira Kawada (Department of Dermatology, Faculty on Medicine, Kindai University)

SY23-1 Hidekazu Yamada (Department of Dermatology, Nara Hospital Kindai University, Faculty of Medicine)

SY23-2 Yoko Funasaka (Department of Dermatology, Nippon Medical School)

SY23-3 Hirokazu Ishikawa (Cross Clinic Ginza)

SY23-4 Akira Kawada (Department of Dermatology, Faculty on Medicine, Kindai University)

Closing Remarks

14:50 - 15:00