About KAMAKURA
Kamakura, 1 hour by train from Tokyo, was once the seat of a feudal government established in 1192 as the first of its kind in Japan. It is now noted for its historic sites, seaside bathing beach, and residential district within commuting distance to Tokyo. Flanked and fortified by wooded mountains on three sides and Sagami Bay on the south, the city has many renowned temples and shrines as well as well-preserved historical treasures surrounded by beautiful hills in a rustic setting. Exploring on your own is the best way to enjoy a tour of Kamakura.
The Great Buddha, the magnificent Tsurugaoka Hachimangu Shrine, Zen temples and picturesque Enoshima Island draw large numbers of visitors to Kamakura throughout the year.

Access

6th JAPAN-ASEAN Conference on Men’s Health & Aging

In conjunction with
11th Annual Meeting of the Japanese Society of Men’s Health
3rd Meeting of the Society for Anti-Aging Medicine in Urology

Spreading Men's Health in Asia

Date: June 30 - July 3, 2011
Venue: Kenchoji, Kamakura, Japan

Contact Detail

Conference Secretariat
6th JAPAN-ASEAN Conference on Men’s Health & Aging
Medproduce Inc.
4-1-12-203 Minamiayamai, Minato-ku,
Tokyo 107-0062 JAPAN
Tel. +81-3-5775-2075 Fax. +81-3-5775-2076
E-mail: office@japanasean-mh2011.net

The Japanese Society of Men’s Health
Department of Urology, Tokyo University School of Medicine
2-11-1 Kaga, Itabashi-ku, Tokyo 173-8655 JAPAN
Tel. +81-3-3566-2031 Fax. +81-3-5250-7748
E-mail: info@mens-health.jp

http://www.japanasean-mh2011.net

The times above are the shortest possible times, excluding the times required for transferring trains.
Welcome Note

Dear Colleagues,

As local host and Chairperson for the 6th JAPAN-ASEAN Conference on Men’s Health & Aging, it is my special pleasure to invite you to Kamakura, Japan in June 30th - July 3rd 2011. This conference will present new frontiers in men’s health and aging, based on the biological, physiological, pathological and therapeutic evidence. The program is designed for physicians and other healthcare professionals interested in the many aspects of men’s health and aging.

Our theme “Spreading Men’s Health” aims at discussing and debating unresolved issues of men’s health with leading experts from ASEAN countries and Japan. A major goal of the conference is therefore to facilitate and reinforce contact and networking among researchers and healthcare professionals.

The conference will be held in Kenchoji Temple, which is located in the city of Kamakura. Kamakura is a beautiful coastal town, less than an hour south of Tokyo. Kamakura, the medieval capital of Japan, has numerous temples, shrines and other historical monuments. Kenchoji is the oldest Zen temple in Kamakura, which was founded in 1253.

We expect to stimulate extensive scientific exchange as well as creating a pleasurable and memorable occasion for social interactions.

We look forward to an exciting event in beautiful Kamakura.

Organizing Committee

Honorary & Founding President
Akihiko Okuyama (Japan)
Hui Meng Tan (Malaysia)

Conference Chairman
Shigeo Horie (Japan)

Scientific Committee
Akira Tsujimura (Japan)
Atsushi Nagai (Japan)
Eiitesu Koh (Japan)
Haruki Sasaki (Japan)
Hiroshi Okada (Japan)
Ken Marumo (Japan)
Kenji Toba (Japan)
Koichi Nagao (Japan)
Masahiro Akishita (Japan)
Masato Fujisawa (Japan)
Osamu Yokoyama (Japan)
Raizo Yamaguchi (Japan)
Setoru Muto (Japan)
Tatsuya Nakatani (Japan)
Tomohiko Ichikawa (Japan)
Toshiaki Moriyama (Japan)
Yoshiyuki Kakehi (Japan)

Secretary
Hisamitsu Ide (Japan)

Advisory Committee
Eiji Higashihara (Japan)
Hideyuki Akaza (Japan)
Mikio Namiki (Japan)
Masaru Murai (Japan)
Yasuhiro Ouchi (Japan)

International Advisors
Ajay Nehra (USA)
Apichat Kongkanand (Thailand)
Doddy Soebadi (Indonesia)
Kavirach Tantivongse (Thailand)
Kok Kit Ng (Singapore)
Kwangsung Park (Korea)
Michael Zitzmann (Germany)
P. Ganesan Adaien (Singapore)
Siegfried Meryn (Austria)
Yoshikazi Kumamoto (Japan)
Zukifli Md Zainuddin (Malaysia)

JAPAN-ASEAN Council on Men’s Health and Aging

Founding Presidents & Advisor
Akihiko Okuyama
Hui Meng Tan

Honorary President
Yoshikazi Kumamoto

President
Mikio Namiki

Vice President
Zukifli Md Zainuddin

Secretary General
Shigeo Horie

At the tragedy of the earthquake in Japan, our hearts are with everyone who has been affected by the disaster.
Please share your sympathy and pray for strength to meet an even greater challenge for the recovery of Japan.
We are very much looking forward to welcoming you this summer.
### Congress Outline

| Congress | 6th JAPAN-ASEAN Conference on Men’s Health & Aging (JACMHA)  
In conjunction with  
11th Annual Meeting of the Japanese Society of Men’s Health (JSMH)  
3rd Meeting of the Society for Anti-Aging Medicine in Urology (AAMH) |
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Date</td>
<td>June 30 (Thu.) - July 3 (Sun.), 2011</td>
</tr>
<tr>
<td>Venue</td>
<td>Kenchoji &amp; Kamakura Prince Hotel</td>
</tr>
<tr>
<td>Main Theme</td>
<td>Spreading Men’s Health in Asia</td>
</tr>
</tbody>
</table>
| Supporters’ | Ministry of Foreign Affairs of Japan  
Kamakura City  
Kamakura City Medical Association  
The Japanese Urological Association  
The Japan Geriatrics Society  
The Japanese Society of Anti-Aging Medicine  
The Japanese Society of Nephrology  
The Japanese Society for Sexual Medicine  
The Japan Menopause Society  
Kamakura Shunjusha Co., Ltd. |
| Important Date | Main Congress of JACMHA June 30-July 2, 2011  
Welcome Reception June 30, 2011  
Opening Ceremony July 1, 2011  
Gala July 2, 2011 |
| Congress Secretariat | Department of Urology, Teikyo University School of Medicine  
2-11-1 Kaga, Itabashi-ku, Tokyo 173-8605 JAPAN  
Tel. +81-3-3564-2031 Fax. +81-3-5250-7748 |
| Contact Detail (Technical Secretariat) | Mediproduce Inc.  
4-1-12-203 Minamiaoyama, Minato-ku, Tokyo 107-0062 JAPAN  
Tel. +81-3-5775-2075 Fax. +81-3-5775-2076  
E-mail: office@japanasean-mh2011.net |

### General Information

<table>
<thead>
<tr>
<th>Congress Language</th>
<th>All JACMHA’s sessions will be conducted in English.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Passport and Visa</td>
<td>To visit Japan, you must have a valid passport. A visa is required for citizens of countries that do not have visa exempt agreements with Japan. Please contact the nearest Japanese Embassy or Consulate for visa requirements.</td>
</tr>
<tr>
<td>Insurance</td>
<td>The Organizing Committee can accept no responsibility for accidents or damage to the private property of participants. Please make your own arrangements for health insurance and any other necessary insurance.</td>
</tr>
<tr>
<td>Climate</td>
<td>The temperature in Kamakura during the period of the Congress ranges between 21 - 27 degrees Celsius.</td>
</tr>
</tbody>
</table>
| Local Time | Japan Standard time is 9 hours ahead of G.M.T. The time difference for major Asian cities is shown below (decrease by 1 hour during Daylight Saving Time period):  
Beijing -------- -1 hour  
New Delhi ------ -3.5 hours  
Seoul ------------ 0 (same)  
Singapore ------ -1 hour |
| Public Transportation | For general transport, taxis are plentiful but cost most. JR railroad has easy access to and from Tokyo station. |
| Currency | Currency in Japan is the Yen (JPY). Notes are available in denominations of 10,000, 5,000, 2,000 and 1,000 yen. Coins are minted in denominations of 500, 100, 50, 10, and 1 yen. Exchange at the airport is recommended for your convenience. Most foreign currencies and travelers’ checks can be exchanged at authorized foreign exchange banks. However we highly recommend purchasing travelers’ checks or cash in Yen, U.S. dollars or Euros before leaving your home countries. A passport may be required for currency exchange services. |
| Credit Card | American Express, Diners Club, Visa and MasterCard are widely accepted at hotels, department stores, shops and restaurants. |
| Electricity | Electric current is uniformly 100 volts, AC, throughout Japan, but with two different cycles: 50 in eastern Japan including Kamakura and Tokyo, and 60 in western Japan including Kyoto, Osaka and Nara. Leading hotels in major cities have two outlets of 100 and 230 volts but their sockets usually accept a two-leg plug only. |
| Tipping | In Japan, tips are not necessary anywhere even at hotels and restaurants. |
| Shopping | Shops and other sales outlets in Japan are generally open on Saturdays, Sundays and national holidays as well as weekdays from 10:00 to 20:00. Department stores, however, are closed on one weekday, differing by store, and certain specialty shops may not open on Sundays and national holidays. |
| Mobile Telephone | Mobile telephone rental is recommended, as most foreign cellular phones are not compatible with Japan’s network. Mobile phone rental shops are conveniently located at Narita and other international airports. Please check with your mobile network provider prior to your departure. |
## Program at a Glance (Tentative, As of March)

### Thursday, 30 June

<table>
<thead>
<tr>
<th>Time</th>
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<th>Floor</th>
<th>Session</th>
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<tbody>
<tr>
<td>10:00</td>
<td>Meeting</td>
<td>1F</td>
<td>Opening Lecture</td>
</tr>
<tr>
<td>11:00</td>
<td>Welcome</td>
<td>1F</td>
<td>Welcome Address</td>
</tr>
<tr>
<td>11:30</td>
<td>Kamakura Prince Hotel Meeting Room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13:00</td>
<td>Kamakura Prince Hotel Banquet Hall</td>
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### Friday, 1 July

<table>
<thead>
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<th>Time</th>
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<th>Floor</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00</td>
<td>Room 1</td>
<td>1F</td>
<td>Symposium 1: Frail Elderly</td>
</tr>
<tr>
<td>8:00</td>
<td>Kenchoji Ryuden</td>
<td></td>
<td>Welcome Address</td>
</tr>
<tr>
<td>9:00</td>
<td>Kenchoji Ogudou</td>
<td></td>
<td>Opening Lecture</td>
</tr>
<tr>
<td>10:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Symposium 2: Sexual Medicine</td>
</tr>
<tr>
<td>11:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Symposium 3: Neutaceuticals for Asian Male</td>
</tr>
<tr>
<td>12:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Symposium 4: Men’s Health and Metabolism</td>
</tr>
<tr>
<td>13:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Symposium 5: Cancers in Asian Male</td>
</tr>
<tr>
<td>14:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Symposium 6: Action of Testosterone</td>
</tr>
<tr>
<td>15:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Symposium 7: Infectious Disease</td>
</tr>
<tr>
<td>16:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Symposium 8: QOL for Men’s Health</td>
</tr>
<tr>
<td>17:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Symposium 9: LOH</td>
</tr>
<tr>
<td>18:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Evening Seminar 2: Diet and Men’s Health</td>
</tr>
<tr>
<td>19:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Evening Seminar 3: Men’s Health and Vesical Disease</td>
</tr>
<tr>
<td>20:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Evening Seminar 3: Men’s Health and Vesical Disease</td>
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### Saturday, 2 July

<table>
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<tbody>
<tr>
<td>7:00</td>
<td>Room 1</td>
<td>1F</td>
<td>Zazen Practice in English</td>
</tr>
<tr>
<td>8:00</td>
<td>Kenchoji Ryuden</td>
<td></td>
<td>Morning Lecture BPH</td>
</tr>
<tr>
<td>9:00</td>
<td>Kenchoji Ogudou</td>
<td></td>
<td>Symposium 6: Action of Testosterone</td>
</tr>
<tr>
<td>10:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Symposium 7: Infectious Disease</td>
</tr>
<tr>
<td>11:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Symposium 8: QOL for Men’s Health</td>
</tr>
<tr>
<td>12:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Symposium 9: LOH</td>
</tr>
<tr>
<td>13:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Evening Seminar 2: Diet and Men’s Health</td>
</tr>
<tr>
<td>14:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Evening Seminar 3: Men’s Health and Vesical Disease</td>
</tr>
<tr>
<td>15:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Evening Seminar 3: Men’s Health and Vesical Disease</td>
</tr>
<tr>
<td>16:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Evening Seminar 3: Men’s Health and Vesical Disease</td>
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<tr>
<td>17:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Evening Seminar 3: Men’s Health and Vesical Disease</td>
</tr>
<tr>
<td>18:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Evening Seminar 3: Men’s Health and Vesical Disease</td>
</tr>
<tr>
<td>19:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Evening Seminar 3: Men’s Health and Vesical Disease</td>
</tr>
<tr>
<td>20:00</td>
<td>Kenchoji Oshinkaku</td>
<td>2F</td>
<td>Evening Seminar 3: Men’s Health and Vesical Disease</td>
</tr>
</tbody>
</table>

### Sunday, 3 July (Japanese Lectures Only)

<table>
<thead>
<tr>
<th>Time</th>
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<th>Floor</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00</td>
<td>Lecture Room</td>
<td>1F</td>
<td>3AMU Lecture 1</td>
</tr>
<tr>
<td>7:30</td>
<td>Lecture Room</td>
<td>1F</td>
<td>3AMU Lecture 2</td>
</tr>
<tr>
<td>8:00</td>
<td>Lecture Room</td>
<td>1F</td>
<td>3AMU Lecture 3</td>
</tr>
<tr>
<td>8:30</td>
<td>Lecture Room</td>
<td>1F</td>
<td>3AMU Lecture 4</td>
</tr>
<tr>
<td>9:00</td>
<td>Lecture Room</td>
<td>1F</td>
<td>3AMU Lecture 5</td>
</tr>
<tr>
<td>9:30</td>
<td>Lecture Room</td>
<td>1F</td>
<td>3AMU Lecture 6</td>
</tr>
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</table>

### Gala

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>19:00</td>
<td>Seaside Riviera</td>
</tr>
</tbody>
</table>
**Call for Abstracts (Poster)**

Participants are requested to submit an abstract to the Congress Secretariat by E-mail (office@japanasean-mh2011.net).

Please access our website and download an Abstract Submission Form and send the form to the Congress Secretariat no later than May 31, 2011.


**General Guidelines**

1) Abstracts should contain a maximum of 300 words and must be submitted in English.
2) No chart and graphics should be included in the abstract.
3) Abstract submissions will only be accepted using the Abstract Submission Form.
4) All abstracts will be reviewed by the Program Committee. Accepted abstracts will be selected for Poster.
5) Authors will be notified by E-mail of their abstract results.
6) Instructions for preparation of posters will be sent together with acceptance notifications.
7) All accepted abstracts will be published in the Book of Abstracts.
8) Accepted abstracts for Poster will be published on the website prior to the Congress.
9) Registration for the Congress is required when submitting an abstract.

**Program (tentative)**

Opening Lecture
Symposium 1 "Frail Elderly"
Symposium 2 "Sexual Medicine"
Symposium 3 "Neutriceuticals for Asian Male"
Symposium 4 "Men’s Health and Metabolism"
Symposium 5 "Cancers in Asian Male"
Symposium 6 "Action of Testosterone"
Symposium 7 "Infectious Disease"
Symposium 8 "QOL for Men’s Health"
Symposium 9 "LOH"
Symposium 10 "Kidney and Bladder Cancer"
Luncheon Seminar 1 "Cutting Edge of Men’s Health"
Luncheon Seminar 2 "Males LUTS"
Luncheon Seminar 3 "Spreading Men’s Health"
Luncheon Seminar 4 "Kidney Health and Metabolism"
Morning Lecture "BPH"
Evening Seminar 1 "Cutting Edge of Prostate Cancer"
Evening Seminar 2 "OAB and Men’s Health"
Evening Seminar 3 "Men’s Health and Vascular Disease"
Open Lecture of Men’s Health for Asian People

**Registration**

Registration can be made through the Congress Website. Please note registration by e-mail or post CANNOT be accepted.


**Registration Fees (in Japanese Yen)**

<table>
<thead>
<tr>
<th>Category</th>
<th>Early-Registration (Before April 30, 2011)</th>
<th>Regular Registration (After May 1, 2011)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physician</td>
<td>JPY30,000</td>
<td>JPY35,000</td>
</tr>
<tr>
<td>Member (JSMH / AAMH) *1</td>
<td>JPY25,000</td>
<td>JPY35,000</td>
</tr>
<tr>
<td>Paramedic / Students *2</td>
<td>JPY15,000</td>
<td>JPY20,000</td>
</tr>
<tr>
<td>Accompanying Person *3</td>
<td>JPY10,000</td>
<td>JPY15,000</td>
</tr>
</tbody>
</table>

1) To register for membership, please contact the following organizations:
   - AAMH (Society for Anti-Aging Medicine in Urology) = http://www.anli-aging.gr.jp/urological
2) Paramedic/Student identification will be required to provide proof of filling status by submitting a copy of valid student card and/or an official letter of verification to the Secretariat by e-mail, fax, or mail.
3) An accompanying person is a participant's family member or other personal relation who does not have business or scientific interest in the Congress.

*Discount registration fee is available for group of 20 or more. For further information, please contact Congress Secretariat (E-mail: office@japanasean-mh2011.net).*

**Entitlements**

Items included in Registration Fee

- Registration fees for Physician, JSMH/AAMU Member.
- Registration fees for Accompanying person
  - Participation in the Scientific Program
  - Final Program & Abstract Book
  - Welcome Reception
  - Kamakura City Tour (July 1 Half day)
  - Kenchoji Tour (July 2 1 hour)
  - Zazen Practice in English (July 2 1 hour)
  - Gala (July 2)

**Confirmation**

A confirmation E-mail is to be sent by Congress Secretariat upon completion of your registration with payment. Please remember to bring your registration confirmation to the Congress venue to pick up your Congress kit.

**Payment Method**

Payment must be made in Japanese Yen, with a credit card. No other type of payment will be accepted. American Express, Visa, MasterCard, Diners Club and JCB are acceptable.

**Cancellation Policy**

No refund will be available.

**Note**

Please be informed that all rates in the website are indicated in Japanese yen.
Accommodation

Nippon Travel Agency Co., Ltd. (NTA) has been appointed as the official travel agency for this conference.
* Hotel should be reserved online no later than June 15, 2011.

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Type</th>
<th>Space</th>
<th>Price/room charge</th>
<th>Hotel Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Official Hotel)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kamakura Prince Hotel</td>
<td>TWIN A (Single use)</td>
<td>33m²</td>
<td>JPY21,000 Ind.breakfast + JPY6,000- on Sat.</td>
<td></td>
</tr>
<tr>
<td>Kamakura Prince Hotel</td>
<td>TWIN A (Twin use)</td>
<td>33m²</td>
<td>JPY32,000 Ind.breakfast + JPY12,000- on Sat.</td>
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<td>TWIN B (Single use)</td>
<td>28m²</td>
<td>JPY19,000 Ind.breakfast + JPY6,000- on Sat.</td>
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<tr>
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<td>TWIN B (Twin use)</td>
<td>28m²</td>
<td>JPY24,000 Ind.breakfast + JPY12,000- on Sat.</td>
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<tr>
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<td>SINGLE (Single use)</td>
<td>27m²</td>
<td>JPY19,000 Ind.breakfast + JPY6,000- on Sat.</td>
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<tr>
<td>Kamakura Park Hotel</td>
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<td>JPY19,000 Ind.breakfast + JPY6,000- on Sat.</td>
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<tr>
<td>Kamakura Park Hotel</td>
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<td>JPY24,000 Ind.breakfast + JPY12,000- on Sat.</td>
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<td>Hotel Mets Kamakura Ofuna</td>
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<td>16m²</td>
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<td>44m²</td>
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<td>44m²</td>
<td>JPY32,000 Ind.breakfast + JPY12,000- on Sat.</td>
<td></td>
</tr>
</tbody>
</table>

Tour (tentative schedule as of March)

Take advantage of your spare time while attending the conference in Japan! There are many things to explore around Kamakura, ancient capital of Japan. So many places to go, see, shop, and eat!

1. **Kamakura Tour (July 1 14:30-17:30)** Fee: 3,000 yen
   - Kenchoji ➔ Houkokuji ➔ Ugafukujinryu Shrine (Zeniarai-benten) ➔ Kamakura Daibutsu (Great Buddha) (of Kamakura)

2. **Zazen Practice in English at Kenchoji (July 2 8:00-9:00)** Fee: Free
   - We would like you to feel the spirit of Zen, one of the traditional cultures in Japan.
   - Kenchoji is the oldest Zen training monastery in Japan and has its history of over 750 years. Zen sect of Japanese Buddhism was the spiritual backbone of Samurai in Kamakura era.

3. **Kenchoji Tour (July 2 9:00-10:00)** Fee: Free
   - A monk of Kenchoji will guide you Kenchoji.

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Important Information

All 6JACMHA participants are covered for the entrance fee (300 yen) to pass through the Kenchoji’s main gate. Please always wear your conference badge (or bring this 2nd Announcement) to show you are a 6JACMHA participant.