### 17th Scientific Meeting of the Japanese Society of Anti-Aging Medicine

**English simultaneous interpretation provided**

#### Room 1
- **4・5F Hall C**
  - **Symposium 1**
    - Rejuvenation of the Skin and Appearance
    - SY01-1 - SY01-4
  - **Symposium 2**
    - Is it Possible to Diagnose Dementia at Ultra-Early Stages?
    - SY02-1 - SY02-4
  - [Opening Remarks]

#### Room 2
- **7F Hall B7(1)**
  - **Symposium 4**
    - Diversity in Aging and its Metabolic Properties
    - SY04-1 - SY04-4
  - **Symposium 5**
    - Fighting Cancer Using the Latest Research on Immunology and Metabolism Control
    - SY05-1 - SY05-4
  - [Luncheon Seminar 1]
    - LS01
    - PRSS. Japan Co., Ltd.

#### Room 3
- **7F Hall B7(2)**
  - **Symposium 7**
    - Prevention and Treatment of Disease and Hearing Loss; the Forefront of Basic Research
    - SY07-1 - SY07-4
  - **Symposium 8**
    - Trace Metal’s Influence on Health and Disease
    - SY08-1 - SY08-4
    - Japan Society for Biomedical Research on Trace Elements/Society for Free Radical Research Japan
  - [Luncheon Seminar 2]
    - LS02
    - KAWADA BEE FARM

#### Room 4
- **5F Hall B5**
  - **Symposium 10**
    - Carcinogenesis in Stem Cells as a Result of Aging and the Impact of Epigenome Abnormalities
    - SY10-1 - SY10-5
  - **Symposium 11**
    - The Science of "Humans Growing Old with the Vascular System"
    - SY11-1 - SY11-4
  - [Luncheon Seminar 3]
    - LS03
    - GlaxoSmithKline K.K.

#### Room 5
- **7F Hall D7**
  - **Best Paper Session 1**
    - Clinical
    - BP1-1 - BP1-9
  - **Best Paper Session 2**
    - Basic
    - BP2-1 - BP2-9
  - [Luncheon Seminar 4]
    - LS04-1 - LS04-2
    - WAKASA SEIKATSU

#### Room 6
- **5F Hall D5**
  - **Paper 1**
    - Exercise and the Locomotor System 1
    - O01-1 - O01-6
  - **Paper 2**
    - Exercise and the Locomotor System 2
    - O02-1 - O02-6
  - **Workshop**
    - Medical Contributions of Anti-Aging Medicine
    - WS-1 - WS-3
  - [Luncheon Seminar 5]
    - LS05
    - NAGAMON BRAND Co., Ltd.

#### Room 7
- **4F G409**
  - **Paper 5**
    - Genes and Cellular Biology
    - O05-1 - O05-6
  - **Paper 6**
    - Metabolism
    - O06-1 - O06-6
  - [Luncheon Seminar 6]
    - LS06
    - LOTTE Co., Ltd.

#### Room 8
- **5F G510**
  - [Luncheon Seminar 7]
    - LS07
    - Kemin Industries, Inc./DSM Nutrition Japan Inc.

#### Poster
- **B2 Hall E(2)**
  - **Poster Set-Up**

#### Exhibition
- **B2 Hall E(2)**
  - Exhibition / Drink Counter

#### Mini Seminar
- **B2 Seminar Room (2)**
  - [Mini Seminar 1]
    - EX1
    - Kenin Industries, Inc./DSM Nutrition Japan Inc.
**Symposium 3**
Intestinal Bacteria and Metabolism
SY03-1 - SY03-4

**Invited Lecture 1**
Speaker: Satoru Miyano

**Symposium 6**
Rethinking Secondary Osteoporosis, a Lifestyle-Related Disease
SY06-1 - SY06-5
Japan Osteoporosis Society

**Symposium 9**
Up-to-Date Anti-Aging Mechanisms of Traditional Chinese Medicine
SY09-1 - SY09-5

**Symposium 12**
Geroscience Initiative Japan Co-Sponsored Symposium
SY12-1 - SY12-4

**Young Researchers Program 1**
Overcoming Brain Diseases Associated with Age-Related Changes
YP1-1 - YP1-4

**Paper 3**
Immunology, Inflammation
O03-1 - O03-6

**Paper 4**
Women’s Health
O04-1 - O04-6

**Paper 7**
Oxidative Stress
O07-1 - O07-6

**Paper 8**
Sensory Organs
O08-1 - O08-6

**Min Seminar 2**
Research Center for Immunological Analysis, Inc.

**Educational Lecture 1**
Metabolic Regulation of Individual Level and Inter-Organ Networks
EL1
Speaker: Hideki Katagiri

**Special Lecture 1**
Ketone Bodies and Aging
SL1
Speaker: John C. Newman
<table>
<thead>
<tr>
<th>Room 1</th>
<th>4・5F</th>
<th>Hall C</th>
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</thead>
<tbody>
<tr>
<td>Educational Lecture 2</td>
<td>What Is the Aging of Organs? The Mechanism of Hair Thinning with Age</td>
<td>EL2 Speaker: Emi Nishimura</td>
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<thead>
<tr>
<th>Room 2</th>
<th>7F</th>
<th>Hall B7(1)</th>
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<tbody>
<tr>
<td>Symposium 14</td>
<td>Applications of Psychotherapy for the Elderly</td>
<td>SY14-1 - SY14-4</td>
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<th>Hall B7(2)</th>
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<tbody>
<tr>
<td>Symposium 16</td>
<td>Extending Life Expectancy: Calorie Restriction or Protein Restriction?</td>
<td>SY16-1 - SY16-5</td>
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<tr>
<th>Room 4</th>
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<th>Hall B5</th>
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<tbody>
<tr>
<td>Morning Seminar 1</td>
<td>MS1 - Worishita Jintan Co., Ltd.</td>
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<tr>
<th>Room 5</th>
<th>7F</th>
<th>Hall D7</th>
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<tbody>
<tr>
<td>Training Program for Medical Educators 1</td>
<td>Expanding the Role of the Educator - Its Challenges and Outlook for the Future</td>
<td>IP1-1 - IP1-4</td>
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<th>Room 6</th>
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<tbody>
<tr>
<td>Paper 9</td>
<td>Cardiovascular System</td>
<td>O09-1 - O09-6</td>
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<th>Room 7</th>
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<tr>
<td>Paper 12</td>
<td>Men’s Health</td>
<td>O12-1 - O12-6</td>
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<tr>
<th>Room 8</th>
<th>5F</th>
<th>G510</th>
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<tbody>
<tr>
<td>Paper 13</td>
<td>Management of Dementia</td>
<td>O13-1 - O13-6</td>
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<thead>
<tr>
<th>Poster</th>
<th>B2</th>
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<td>Poster Set-Up</td>
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<tr>
<th>Exhibition</th>
<th>B2</th>
<th>Hall E(2)</th>
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<tr>
<td>Exhibition / Drink Counter</td>
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<tr>
<th>Mini Seminar</th>
<th>B2</th>
<th>Seminar Room (2)</th>
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<tbody>
<tr>
<td>Mini Seminar 4</td>
<td>EX4 - Japanese College of Intravenous Therapy</td>
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17th Scientific Meeting of the Japanese Society of Anti-Aging Medicine

Program at a Glance

Day 2

Symposium 13
Advances in Intestinal Bacteria Research that Have Clinical Applications
SY13-1 - SY13-4

Invited Lecture 2
SY12
Speaker: Yasuhito Suzuki

Symposium 15
The Science of Periodontal Tissue to Use Your Teeth for a Lifetime
SY15-1 - SY15-4

Symposium 17
Men’s Health 2016: Evidence for Functional Foods Effective in Men
SY17-1 - SY17-6

Seminar for Private Practitioners 1
SPP1
Seminar for Private Practitioners 2
SPP2
Seminar for Private Practitioners 3
SPP3
Seminar for Private Practitioners 4
SPP4

Young Researchers Program 2
The Molecular Mechanisms and Treatment Strategies for Age-Related Sensory Organ Disease
YP2-1 - YP2-4

Evening Seminar 1
ES1
NIPPON SHINYAKU CO., LTD.

Evening Seminar 2
ES2
ROHTO Pharmaceutical Co., Ltd.

Paper 11
Nutrition, Supplements, Health Foods, Traditional Chinese Medicine, Chelation Therapy 2
O11-1 - O11-6

Paper 14
Management of Dementia 2
O14-1 - O14-6

Poster 6 - 10
P043 - P082

Exhibition / Drink Counter
<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>13:00</td>
<td>Symposium 21: Why Obesity Really Interferes with Anti-Aging (SY21-1 - SY21-4)</td>
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<tr>
<td>14:00</td>
<td>Closing Remarks</td>
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<tr>
<td>15:00</td>
<td>Training Program for Clinicians 2: Moving Toward Using Anti-Aging in the Clinic (SP2-1 - SP2-5)</td>
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<tr>
<td>16:00</td>
<td>Symposium 28: Hormone Replacement Therapy Guidelines - Revision of Main Points and Recent Topics (SY28-1 - SY28-4)</td>
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<tr>
<td>17:00</td>
<td>Symposium 29: Advances in Sarcopenia Research (SY29-1 - SY29-5)</td>
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<tr>
<td>18:00</td>
<td>Understand Your Genome Symposium (Illumina, Inc.)</td>
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<td>19:00</td>
<td>Poster Removal</td>
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