About Yokohama

Facing Tokyo Bay, Yokohama is a tranquil harbor city forming part of the Greater Tokyo Area; just half an hour away from the capital Tokyo. Yokohama is the first harbor city introduced to the world as the door to Japan. Since the time its port was opened, Yokohama has acquired new cultures and new knowledge from foreign lands and has introduced to Japan its many “firsts,” thereby earning its title as the birthplace of Japan’s modern culture. The city has grown to become the second largest city in Japan with over 3.6 million in population.

Access to Yokohama

Tokyo Narita International Airport to Yokohama
90 min. by bus
or 100 min. by train

Tokyo Haneda International Airport to Yokohama
20 min. by car, 40 minutes by bus
or 30 min. by train

JAAM 2016
16th Scientific Meeting of the Japanese Society of Anti-Aging Medicine

June 10 - 12, 2016 (Fri-Sun)

Venue PACIFICO Yokohama Conference Center
President Tatsuya Yamasoba, MD, PhD
Host Organization Japanese Society of Anti-Aging Medicine

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Welcome Message

Welcome to the JAAM 2016 in Yokohama!

It is our great honor and privilege to invite you to the 16th Scientific Meeting of the Japanese Society of Anti-Aging Medicine to be held at PACIFICO Yokohama Conference Center in Yokohama, from June 10 through June 12, 2016.

The Japanese Society of Anti-Aging Medicine has grown to be a large organization and now has more than 8000 members. We have made tremendous headway in aging science and aging has become a major focus for discussion in the field of basic research. A lot of basic and clinical research has been conducted in Japan, and most of the important findings have been presented in our past society meetings. We also emphasize that the Japanese society faces serious concerns of rapid aging and very low birth rate. The statistics estimate that the generation of the elderly aged 65 and over will be 30.8% and productive-age population between the ages of 18 and 64 will be 58.3% in 2030. National medical expenses exceed over 39 trillion in 2012, of which over 22 trillion were spent for the elderly. We therefore have a high degree of expectation for preventive care. These socio-economic issues are also discussed in the meeting.

Yokohama, one of the 15 Japanese Government-designated cities, is located in the center of Japan, approximately 30 kilometers from Tokyo, and along the coastline of Japan’s Pacific Ocean. A number of foreign enterprises have established their branches in Yokohama by taking full advantage of the Yokohama Port which is an international trading hub. Yokohama is a city of dreams for every Japanese person as well as its local citizens who are very proud of living in the area. Yokohama is famous not only as a tourist mecca but also for its urban luxuries including, but not limited to, shopping, business and culture. Yokohama was the first Japanese city that opened its doors to the world, making it the historic entrance to Japan and the birthplace of Japan’s modern culture. During your visit, you can enjoy not only the academic conference but also sightseeing at Minato Mirai 21, Chinatown, Yamashita Park, and the trendsetting city of Motomachi with its local fashion brands among other local tourist spots.

We believe your attendance to our society meeting will provide you many new insights and knowledge on aging and anti-aging science. We look forward to seeing you in Yokohama in June 2016!

Prof. Tatsuya Yamasoba, MD, PhD
Congress Chairman of 16th Scientific Meeting of the Japanese Society of Anti-Aging Medicine
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